

Singles, Couples, Families → Fun, Fitness, Friendship, Inexpensive, Healthy

Square Dance

ABC



Square Dance ABC is an introduction to today's square dancing.

Square Dance ABC spells an easy way for you and your friends to try square dancing with no commitment.

Come once! Come again! It's your choice!

Square Dance ABC offers fun, fitness, and friendship!

You can enjoy these fun, easy, beginner square dances with **no previous experience necessary**.

Bring your friends and relatives. More fun! More laughs! Good for the mind and body!

It's fun, it's easy, it's an evening of laughter and easy exercise.

Square Dance ABC provides a good cardiovascular workout!

Watch "Friendship Set to Music" on cable TV to see the fun you can have!

Time:

7 p.m. - 8:30 p.m.

Date:

Friday

August 14, 2009

Who:

•Anyone who wants to try square dancing

•Square dancing is a great way to meet new people who enjoy having fun while walking to all kinds of music!

•Square dancing equals fun, fitness, & friendship!

Oak Grove Church

7045 Lyndale Ave. South

494 to Lyndale North detour or
Crosstown 62 to Lyndale South

Richfield, MN

Friday evening

August 14

It's hip to be dancing in a square!

***Only \$4 per dancer each evening**

7 - 8:30 p.m.

Come dance or come watch. More information @

952-472-0006 or 763-226-1639

www.squaredanceminnesota.com

Benefits

- Casual attire
- Dick Rueter** calling
- All kinds of music
- No experience needed
- Great family activity
- Walking to music
- Great workout
- No competition
- All fun & fitness
- Easy to learn
- Fun exercise program
- Keeps mind sharp
- Come once
- Come twice
- Come every time
- Cheap fun & fitness
- Introductory level
- Bring friends
- All ages welcome
- *Family rates available

"Life isn't always the party we hoped for; so while we are here, we might as well dance."