

Singles, Couples, Families → Fun, Fitness, Friendship, Inexpensive, Healthy

Square Dance

ABC



Square Dance ABC is an introduction to today's square dancing.

Square Dance ABC spells an easy way for you and your friends to try square dancing with no commitment.

Come once! Come again! It's your choice!

Square Dance ABC offers fun, fitness, and friendship!

You can enjoy these fun, easy, beginner square dances with **no previous experience necessary**.

Bring your friends and relatives. More fun! More laughs! Good for the mind and body!

It's fun, it's easy, it's an evening of laughter and easy exercise.

Square Dance ABC provides a good cardiovascular workout!

Watch "Friendship Set to Music" on cable TV to see the fun you can have!

Time:

usually 7 p.m. - 8:30 p.m.

Dates:

•TBA - when we have enough inquiries in your area for a fun dance

Who:

•Anyone who wants to try square dancing

•Square dancing is a great way to meet new people who enjoy having fun while walking to all kinds of music!

•Square dancing equals fun, fitness, & friendship!

Please e-mail:

squaredancing@frontiernet.net

When enough people from your area sign up to attend Square Dance ABC, we'll e-mail you the dates and locations.

~~Suggest a good location in your area.~~

It's hip to be dancing in a square!

***Only \$4 per person each evening**

7 - 8:30 p.m. Pay at the door.

Come dance or come watch. More information @

952-472-0006 or 763-226-1639

Benefits

- Casual attire
- Dick Rueter calling
- All kinds of music
- No experience needed
- Great family activity
- Walking to music
- Great workout
- No competition
- All fun & fitness
- Easy to learn
- Fun exercise program
- Keeps mind sharp
- Come once
- Come twice
- Come every time
- Cheap fun & fitness
- Introductory level
- Bring friends
- All ages welcome
- *Family rates available

"Life isn't always the party we hoped for; so while we are here, we might as well dance."