

Black Bean Bars

Show #185 from Dee Scott

Ingredients

1 (15 oz.) can black beans, drained and rinsed
1/2 cup agave syrup
1/2 cup flour
2 eggs
1/4 cup carob powder
2 tbsp vanilla
1 1/2 tsp. baking powder
1 tsp. baking soda
6 tbsp carob chips

Directions

Preheat oven to 350°F. Lightly spray a 8x8 baking dish with nonstick cooking spray. In a food processor or blender, mix all brownie ingredients (except chips) together. Chop on high, until smooth. Clean off sides and blend for another 20 seconds. Spread into the 8x8 baking dish. Sprinkle chips on top. Bake for 20-30 minutes, until toothpick comes out clean. Cool for about 1 hour at room temperature.