

Halloween Show #115

Pumpkin Angel Food Cake

1 15oz. can pumpkin
1 tsp. vanilla
1/2 tsp. cinnamon
1/2 tsp. nutmeg
1/4 tsp. ground cloves
1/8 tsp. ginger
1 one-step angel food cake mix

Combine the pumpkin and spices and set aside. Prepare the cake mix according to the package.

GENTLY fold 1/4 of the cake batter into the pumpkin mixture. Gently fold the rest of the batter into the pumpkin mixture.

Bake at 350 degrees for 38-40 minutes. Invert to cool completely. This cake will not be as tall as a regular angel food.

Serve with a dollop of whipped cream, sprinkled with cinnamon OR with a scoop of cinnamon ice cream.

Depending upon your garnish, this can be very low cal and low fat.